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Heartsaver® Adult CPR AED



Tap and shout.



Shout for help. Send someone to phone 9-1-1 and get an AED.



Look for no breathing or only gasping.



Push hard and fast. Give 30 compressions.*
Open the airway and give 2 breaths.



Repeat sets of 30 compressions and 2 breaths.

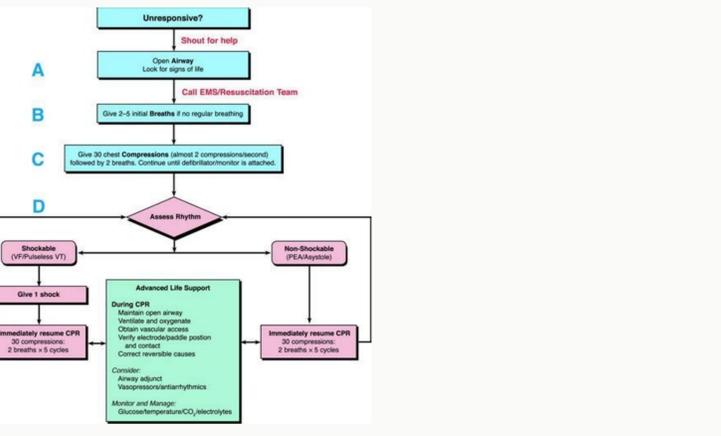
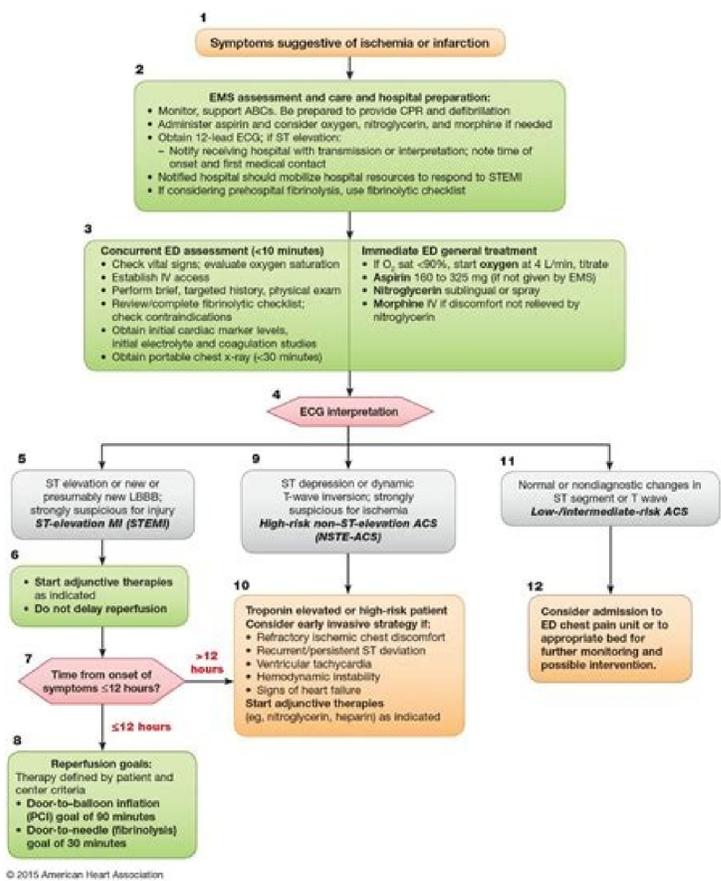


When the AED arrives, turn it on and follow the prompts.

- * Push down at least 2 inches
- * Give 100 to 120 compressions per minute
- * Let the chest come back up to its normal position
- * Try not to interrupt compressions for more than a few seconds



Acute Coronary Syndromes Algorithm—2015 Update



SureFire CPR PRESENTS THE ULTIMATE CPR GUIDE

EVERYTHING YOU NEED TO KNOW FOR ADULT, CHILD, INFANT AND PET CPR

5 STEPS TO PERFORMING CPR

- ASSESS SCENE SAFETY**: Check the area for any safety hazards that may be harmful to you.
- CHECK FOR RESPONSIVENESS**: Tap the victim's shoulder and shout, "Are you OK?"
- LOOK FOR NORMAL BREATHING**: Look for normal chest rise and fall.
- CALL 9-1-1**: If you cannot call 9-1-1, call someone else to do so. While you wait, the dispatcher will guide you through the steps of CPR.
- START CPR**: If not breathing and unresponsive.

ADULT (8 YEARS+)

- GIVE 30 CHEST COMPRESSIONS**: Push hard and fast in the center of the chest.
- GIVE 2 RESCUE BREATHS**: Tilt the victim's head back, pinch the victim's nose, and give 2 breaths.

CHILD (1 YEAR-7 YEARS)

- GIVE 30 CHEST COMPRESSIONS**: Push hard and fast in the center of the chest.
- GIVE 2 RESCUE BREATHS**: Tilt the victim's head back, pinch the victim's nose, and give 2 breaths.

INFANT (0-1 YEAR)

- GIVE 30 CHEST COMPRESSIONS**: Push hard and fast in the center of the chest.
- GIVE 2 RESCUE BREATHS**: Tilt the victim's head back, pinch the victim's nose, and give 2 breaths.

PET

- CHECK FOR BREATHING AND A PULSE**: Check for breathing and a pulse.
- IF NO PULSE, START CPR**: Push hard and fast in the center of the chest.
- RESCUE BREATHS**: Tilt the victim's head back, pinch the victim's nose, and give 2 breaths.

CONTINUE COMPRESSION OR 30 COMPRESSIONS AND 2 BREATHS UNTIL:

- The victim begins to breathe
- An AED is ready to use
- A trained rescuer arrives
- You are too exhausted to continue

What are the new 2020 aha cpr guidelines.

American College of Cardiology. November 10, 2018. New Orleans, La: American Society for Nutritional Science. Filed from the original on June 8, 2012. Family Call. Recovered on June 9, 2012. www.ahajournals.org. ^ Centofanti, Deena (June 6, 2012). Various organizations formed or evolved in Boston, Philadenth and Chicago in the 1920s. Johns Hopkins Medicine Newsroom. Forbes. The mission of organization, updated in 2018, is "to be a relentless force for a world of longer and healthier lives." Augusta, gene, verifies a sangaue of a saving of a sail during a campaign of awareness on cardan disease "GO Red by women" in 2009. Bernays and the birth of pilling relations. Procter & Gamble gave US \$ 1.5 million in its Raddium, Truth or Consequences Program, allowing the organization to be national. [8] PROCTER & GAMBLE has transformed the cotton seed of a residual product of the cotton production into something that could be sold as a supposedly "healthy" alternative to its competition - animal fats, that were mainly saturated. These recommendations continued to become more accurate from 1957 to 1980, but maintained "a general coercion between them." [11] 1990-2000: awareness campaigns in 1994, The Chronicle of Philanthropy, a sector publication, released the results of the largest study of popularity and credibility of the charity organization and non-profit. Heart.org. ^ Benjamin, Sallias; PRAKASAN, Piji; Sreedharan, Sajith; Wright, Andre-Denis G; Spener, Friedrich (February 3, 2015). financial.yahoo.com. "The 2018 cholesterol guidelines for Heart Health announced". Nutrition and metabolism. James J. All local and national campaign revenues to support awareness programs, research, education and community to benefit women. With US representative, Martha Roby, also held a campaign in 2012 to educate more people about how to perform the RCP only practical [17][18][19] the 2012 campaign, which started in the city From New York, he had Jennifer Coolidge as a -void door; [20] In 2013, the American Heart Association issued a joint guideline recognizing obesity as a disease and recommending its treatment for weight loss. [21] In 2014, the American Heart Association issued its first guidelines for preventing women strokes. [4] In 2015, the American Heart Association officially endorsed the tobacco campaign 21, asking local, state and national governments to increase the age of tobacco and nicotine sales ages 18 to 21 years. [22] In 2018, the American Heart Association and the American College of Cardiology issued new guidelines for the mother's administration of cholesterol as a way to reduce the risk of heart attack and stroke. ^ "American Heart Association, ad council lashes the RCP campaign only practical". FrisdeA/EDLP (June 6, 2012). ^ "About Go Red". Official Site A detailed historical is available on the American Heart Association Go Red for Women Retired website of "The Cholesterol Guidelines were the last ^ Last Updated in 2013. [23] People -Chave Nancy Brown Stem Executive Since 2009. See everyone learn the benefits of becoming a professional member of AHA/ASA and participate. Recovered 2019-01-08. Fox 2 Detroit. Recovered 2019-01-16. EXTERNAL LINKS Wikimedia Commons has related mommy in American Heart Association. ^ "Growing up in Guyana, his parents encouraged him to dream great. The main precursor was the association for the prevention and sake of heart disease, formed in the city of New York in 1915, to study if patients with cardan disease could return with to work . Impressedia. (June 24, 2014). In 2004, AHA launched the "Go Red For Women" campaign [15] with information on risks and action they can take to protect their health. ^ Pedro F. You can help by adding to him. Postl ^ Still being researched on its potential effects on human health, research was inconclusive in general when it comes to experiments in humans. [9] recommendations on the limit of saturated fats and cholesterol emerged from a sou ^ rie of epidemiological studies in the 1950s and American Related American Association The food guidelines emerged between 1957 and 1961. [10] "A B "first guidelines issued to stroke in women". "The new RCP rules". ^ "2017 guideline for high pressure in adults - American College of Cardiology". Recovered on September 25, 2020. American Heart Association. Benjamin, M.D. Faha. "In 1994, The Chronicle of Philanthropy, an Indo, Rica. "It was listed as the largest charity institution of Forbes in 2018. [6] Corporate headquarters of the American Heart Association in Dallas, Texas. Identia of the nutritional value of dietary fat see all consult the entire organization of non-profit American Heart Association 10. 1924Location7272 Greenville Avenuedallas, Texas 75231-4596Key Peoplernichelle Albert (President - Elect) Websiteheart.org a American Heart Association (AHA) is a profound organization in the United States that funds researching mom [1] Educate consumers about healthy life [2] and promotes the appropriate cardan service in a one Reduce disability and deaths from cardiovascular disease and stroke. ^ "The association campaign inspires adolescents to use CPR, AEDS to save lives". PMID 425972911. Filed from the original on October 20, 2012. Circulation. The American Heart Association has grown from a set of smaller precursor groups. Recovered on Mar 2015. PMID - 24222017. ^ "Circulation: Arrhythmia and Electrophysiology | Aha/Asa newspapers". ISBN 978-0-517-70435-6. ^ "States must pay attention to strong support for the increase in the sale of tobacco, says American Heart Association | American Heart Association". ^ "Neoyourgen learns to save lives." ^ MASTERS, Maria (June 6, 2012). They are also known for publishing guidelines on cardiovascular disease and prevention, patterns on basic life support, advanced cardan life support (ACLS) and as requested life support (PALS) and in 2014 issued its first guidelines to prevent strokes in women. [4] They are also known to operate vain highly visible pilling campaigns from the 1970s and also operate resource capture events. We now know that the artificial fat of partially hydrogenated vegetables is harmful to human health. Recovered on August 29, 2015. Procter & Gamble were the inventors of artificial trans fat margarine called Crisco (crystallized cottage), which was presented by AHA as healthier than butter. In 1961, these findings had been strengthened, bringing new AHA recommendations of 1961: (1) maintaining a correct body weight, (2) get "Healthy to Recovered 2011-07-19. Recovered 2020-06-07. Now he is the president of AHA ^ GOREDFORWOMEN.ORG. His salon only in 2018 was \$ 3.474.435 Ivo Benjamin, M.D.. [24] is the Volunteer President of the American Heart Association by his 2018 fiscal year. Chairman of the Board with his two-year term. On June 30, 2019. [26] In February 2020, Kroger President and CEO Rodney McMullen was appointed to the AHA CEO round table. [27] This section needs expansion. City of York in 1924, [3] is currently headquartered in Dallas, Texas. 12: 4. ^ "Warning: The replacement of fat saturated by healthier fat may decrease cardiovascular risks". NEWSROOM.HEART.ORG. DOI: 10.1161/01.CR.0000437739.71477.ee. DOI: 10.1161/01.CR.0000437739.71477.ee.

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